

# Yoga Yo-e-H20



**Ort** YOGA-Carmen, YOGA-Carmen  
**Kursleitung** Carmen Costa, +41 79 769 34 06  
**Kurskader**

|            | Mi.<br>19.08 | Mi.<br>26.08 | Mi.<br>02.09 | Mi.<br>09.09 | Mi.<br>16.09 | Mi.<br>23.09 | Mi.<br>30.09 | Mi.<br>07.10 | Mi.<br>14.10 | Mi.<br>21.10 | Mi.<br>28.10 | Mi.<br>04.11 | Mi.<br>11.11 | Mi.<br>18.11 | Mi.<br>25.11 | Mi.<br>02.12 | Mi.<br>09.12 | Mi.<br>16.12 |
|------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Ganzer Tag |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |
| 12:00      |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |
| 13:00      |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |

**Legende** ● übrige Räume