

# Yoga Yo-i-F21



**Ort** YogaKraftPunkt, Yoga Raum  
**Kursleitung** Brigitte Ramos, +41 79 718 39 83  
**Kurskader**

|            | Mo.<br>11.01 | Mo.<br>18.01 | Mo.<br>25.01 | Mo.<br>01.02 | Mo.<br>08.02 | Mo.<br>22.02 | Mo.<br>01.03 | Mo.<br>08.03 | Mo.<br>15.03 | Mo.<br>22.03 | Mo.<br>29.03 | Mo.<br>12.04 | Mo.<br>19.04 | Mo.<br>26.04 | Mo.<br>03.05 | Mo.<br>10.05 | Mo.<br>17.05 | Mo.<br>31.05 | Mo.<br>07.06 | Mo.<br>14.06 | Mo.<br>21.06 |
|------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Ganzer Tag |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |
| 12:00      |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |
| 13:00      |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |              |

## Legende